

National Dementia Action Alliance Workshop

Invitation to Dementia Stakeholder briefing workshop

Wednesday 25th March 2015 (09:00-17:00)
Hotel Shankar, Lazimpat, Kathmandu, Nepal
www.ardsnepal.org

Introduction

Currently, there are some 78,000 people with dementia in Nepal, a figure that will rise to 285,000 by 2050. Since its establishment in 2012, ARDS Nepal has made significant contribution to dementia care in Nepal by raising public awareness and training hundreds of health and social care professionals. In May 2014, under the able guidance of ADI Chairman, **Dr Jacob Roy**, Alzheimer's Disease International recognised ARDS Nepal as its Council member and the Alzheimer's Association Victoria (Australia) kindly agreed to twin with ARDS Nepal. In order to build on the work of past two years and to bring all the stakeholders together to a common platform, ARDS Nepal has organised this national workshop for the first time in Nepal.

Australian support

Maree McCabe and **Ann Reilly** of AA Victoria and the Chair Elect of Alzheimer's Disease International, **Mr Glenn Rees**, kindly visited Nepal in 2014 to meet key Ministers, officials, professionals and NGOs to discuss how to tackle challenges of providing dementia care in Nepal. Inspired by the AA Victoria's Twinning Action Plan and Glenn Rees' Nepal Visit Report, ARDS Nepal would like all the Dementia Care Stakeholders in Nepal to come together to form a '**National Dementia Action alliance**'. The Vice President of ARDS Nepal, **Shridhar Lamichhane**, has already produced a concept paper, and identified all major stakeholders.

ARDS Nepal would like to invite all the stakeholders to a national workshop on **25 March 2015**. Both ADI's Asia Pacific Regional Report and AA Victoria's Twinning Action Plan will be used as national and international drivers at the workshop.

The Vision

Dementia has become a national public health challenge for Nepal. We need to join hands to raise public awareness of dementia, to offer support to people with dementia and their families, and to provide training to health and social care professionals all over Nepal.

Key objectives

The main purpose of the workshop is to help shape dementia care and training pathway in Nepal. The workshop is designed to fulfil the following two *key objectives*, to:

- 1. Agree to form a 'National Dementia Action Alliance', and identify its core members**
- 2. Prepare a 'Fight Dementia Action Plan' and agree on the priorities to be included in the Action Plan**

AA Victoria and ADI Asia Pacific Region have approved the workshop objectives.

Mr Shreedhar Lamichhane of ARDSN and **Mr Krishna Gautam** of Ageing Nepal will have met all the key stakeholders individually in January/February 2015 to seek their agreement to the above two objectives, and to ensure their commitment towards the proposed action alliance. They would also produce an outcome paper summarising the achievements of the workshop with a detailed action plan.

National Dementia Action alliance Workshop

DRAFT PROGRAMME

Wednesday, 25 March 2015, 9-5 pm at Hotel Shankar.Lazimpat, Kathmandu

Chief Guest: Dr Jacob Roy, Chairman, Alzheimer's Disease International

Chair: Dr Gauri SL Das, President, ARDS Nepal

Masters of the Ceremony: Prabhat Kiran Pradhan & Dr Rachana Sharma

International Observers: Ann Reilly (AA Victoria), Francis Wong (ADI) & Dr Arun Jha (NDAUK)

09:00 – 09:30 Greeting & Registration

Session 1 (9:35- 10:45 Introduction/Inaugural session)

09:30 – 09:35	Welcome by Dr Nidesh Sapkota – General secretary, ARDSN
09:35 – 09:45	Setting the scene for the workshop: Francis Wong , ADI Asia Pacific Region
09:45 – 09:55	Australia Nepal Twinning Programme: Ann Reilly , Alzheimer's Australia, Victoria
09:55 – 10:05	Contribution of Nepalese Doctors' Association UK: Dr Arun Jha , Hertfordshire, UK
10:05 – 10:15	Speech from the Health Secretary , Ministry of Health & Population (TBC)
10:15 – 10:20	Short Speech by HE Andrew James Sparkes , British Ambassador to Nepal (TBC)
10:20 – 10:25	Short Speech by Mr Glenn White , Australian Ambassador to Nepal
10:25 – 10:30	Short speech by WHO Nepal Representative (TBC)
10:30 – 10:40	Keynote Speech by the Chief Guest, Dr Jacob Roy , Chairman, ADI
10:40 – 10:45	Chairman's concluding Remarks: Dr Gauri Shankar Lal Das
10:45 – 10:50	Vote of Thanks: Mrs Vijaya KC

10:50 – 11:15 Tea Break

Session 2 (11:00 – 01:00 Workshops)

11:15 – 11:30	Scope of Dementia care within Geriatric Care in Nepal – Krishna Gautam
11:30 – 11:45	Contribution of ARDS Nepal in Dementia care - Shreedhar Lamichhane
11:45 – 01:00	(Two Parallel Workshops facilitated by resource persons)

- 1. Formation of 'Nepal Dementia Action Alliance' (Krishna Gautam & Francis Wong)**
- 2. Agreement on 'Fight Dementia Action Plan' including training for carers and professionals (Shreedhar Lamichhane & Ann Reilly)**

13:00 – 13:45 Lunch Break

Session 3 (13:45 – 15:00 Group Presentations & Discussion)

13:45 – 14:15	Group Presentation (10 minutes each) & Discussion (5 minutes after each)
14:15 – 15:00	Comments and discussion

15:00 – 15:30 Tea Break

Session 4: (15:30 – 05:00 Action Setting)

15:30 – 15:45	Way forward: Nepal Dementia Action alliance - Krishna Gautam
15:45 – 16:00	Way forward: Fight Dementia Action Plan - Shreedhar Lamichhane
16:00 – 16:15	Training care package for Nepalese Dementia carers – Ann Reilly & Dr GSL Das
16:15 – 16:45	Discussions and agreement by the stakeholders
16:45 – 16:50	Closing Remarks by Dr Jacob Roy
16:50 – 16:55	Closing Remarks by the Chairman, Dr Gauri Shankar Lal Das
16:55 – 17:00	Group Photograph and Good-bye

It's NOT an open invitation. Participation in the workshop is by invitation only.

Please contact Shreedhar Lamichhane (9841591949) or Prabhat Kiran Pradhan (9851021609) for any query

HOST: ARDS Nepal www.ardsnepal.org

Sponsor: Nepalese Doctors' Association UK (NDAUK) www.ndauk.org